



## **ANNEX TO CRST RSHE POLICY**

### **School Overview**

Abbeywood First school, is a mainstream first school with students aged 3-9 years serving a community with a population that is predominantly White British with below average numbers of students from minority ethnic heritages or with English as an additional language. RSE is age appropriate and adapted to meet the needs of individual students and groups of students and is carefully designed to fit with our overall curriculum methodology.

### **Curriculum**

At Abbeywood, we use the Islington PSHE scheme of work as a framework to meet all Relationship, Sex and Health Education statutory requirements. This is a progressive and sequential approach to the learning of key concepts and ideas. This ensures children can make meaningful links across subject areas and build on existing knowledge and skills. Philosophy for Children is a powerful opportunity for children to develop a good understanding of healthy relationships. As a THRIVE school, children are empowered to understand their emotions.

Curriculum overviews are available to view on our website.

### **Student Support**

RSE will be taught by a familiar member of staff who has built strong relationships with the children. External organisations will be used where appropriate.

A range of additional support can be accessed where necessary such as; Nurture groups, Thrive Practitioners, School Nurse, Family Support, Play Therapist, Family Learning, Reach for Wellbeing.

### **Monitoring and Assessment**

Abbeywood First School's RSHE Policy is implemented in line with the following policies:

- Safeguarding
- PSHE
- Equal Opportunities
- Mental Health and Wellbeing
- Behaviour and anti-bullying
- Online safety
- Inclusion SEN Policy
- Intimate care policy

And also in conjunction with:

- CRST Mental Health and Wellbeing Commitment