

# Understanding Your Child Group for parents



**Would you like to know more about  
your child's development?**

**Would you like a better understanding  
of your child's behaviour?**

Come along to this relaxed, fun group  
to explore issues like:

**Developmental needs | Having fun  
Communication | Sleep | Behaviour difficulties**

Consisting of 10 sessions for 2 hours, the group is  
suitable for families with children and young  
people from birth to 19 years.



**Children 0 - 19 yrs**

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## It couldn't be easier...

There is no criteria, and no forms to complete - just call the contact details below, however, we will need to ask you some information to be able to ensure you access the right course at the right time.

You can also submit a form online at  
[www.startingwellworcs.nhs.uk](http://www.startingwellworcs.nhs.uk)

### **Bromsgrove**

call Pear Tree Family Hub on 01527 835775

### **Malvern Hills**

call Sunshine Family Hub on 01684 577442

### **Redditch**

call Holly Trees Family Hub on 01527 61360

### **Worcester City**

call Tudor Way on 01905 749149 or Saffron  
on 01905 767107

### **Wychavon (Droitwich, Evesham and Pershore)**

call Wands Family Hub on 01905 827391

### **Wyre Forest**

call Brookside Family Hub on 01562 827207

**We look forward to taking your call!**

Parenting support is also available from other providers.  
Parents can speak to their child's school, health visitor  
or school nurse for more information.

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