

Personal, Social, Health and Economic Education (PSHE) including Relationship & Sex Education (RSE) Yearly Overview

Year 1

<u>Autumn 1</u>	<u>Spring 1</u>	<u>Summer 1</u>
<p>Mental health and emotional wellbeing: Feelings</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about different types of feelings ● about managing different feelings ● about change or loss and how this can feel <p>KASE: Empathetic, Self-aware, Reflective</p>	<p>Keeping safe and managing risk: Feeling safe</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● safety in familiar situations ● about personal safety ● about people who help keep them safe outside the home <p>Online Safety: Understand they and adults have the responsibility to keep themselves safe online.</p> <p>KASE: Reflective, Communicative</p>	<p>Identity, society and equality: Me and others</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about what makes themselves and others special ● about roles and responsibilities at home and school ● about being co-operative with others <p>KASE: Empathetic, Self-aware</p>
<u>Autumn 2</u>	<u>Spring 2</u>	<u>Summer 2</u>
<p>Physical health and wellbeing: Fun times</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about food that is associated with special times, in different cultures ● about active playground games from around the world ● about sun-safety <p>KASE: Empathetic, Reflective</p>	<p>Drug, alcohol and tobacco education: What do we put into and on to bodies?</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about what can go into bodies and how it can make people feel ● about what can go on to bodies and how it can make people feel <p>KASE: Communicative, Fluent</p>	<p>Careers, financial capability and economic wellbeing: My money</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about where money comes from and making choices when spending money ● about saving money and how to keep it safe ● about the different jobs people do <p>KASE: Autonomous, Purposeful, Responsible</p>
<p><u>Emotion Vocabulary:</u> Fair, unfair, worried, peaceful, proud, love, loss (and reception words: happy, excited, sad, upset, kind, unkind, angry, calm)</p>	<p><u>Linked Stories:</u> Silly Billy – Anthony Brown Augustus and his smile – Catherine Rayner Bob's Blue Period – Marion Dencharf Have you filled a bucket today? Carol McCloud</p>	